



## **SUBCOMMITTEE ON MENTAL HEALTH**

### **Subcommittee Meeting Minutes**

#### **Virtual Meeting**

**February 17, 2022**

**University of Florida, Gainesville, FL**

**Time Convened: 2:00 p.m.**

**Time Adjourned: 2:59 p.m.**

#### **Committee and Board members present:**

Cooper L. Brown (Chair), David Brandon, Richard P. Cole, Anita G. Zucker

#### **Others present:**

Chris Cowen, Senior Vice President and Chief Financial Officer, Amy Hass, Vice President and General Counsel, D'Andra Mull, Vice President for Student Life, Elias Eldayrie, Vice President and Chief Information Officer, Mark Kaplan, Vice President for Government and Community Relations, and other members of the public.

#### **1.0 Call to Order and Welcome**

Chair Cooper Brown welcomed everyone in attendance and called the meeting to order at 2:00 p.m.

#### **2.0 Roll Call**

Assistant University Secretary Melissa Orth called the roll of the committee and board members present. No quorum was necessary since no actions will be taken.

#### **3.0 Discussion Items**

##### **3.1 Overview of Health & Wellness and Well Being Platform**

Chair Brown stated that he and Vice President D'Andra Mull had conversations with staff in Student Life, Student Government, and IT to discuss options available for students through the GatorSafe app and whether it could be updated to meet the current needs or whether a new app would need to be developed. VP Mull provided an overview of the GatorSafe app and what is currently available to the students. VP Mull indicated that they have scheduled demonstrations with several vendors for apps that currently exist but stated that they are expensive and based on what she has seen from some of the apps they do not encompass all the things that UF is trying to capture. She indicated that to do benchmarking we should be capturing the things that our students are experiencing on campus. VP Mull indicated that focus groups should be set up to determine what students need. Students should be shown the app at preview orientation and how to navigate. Trustee David Brandon asked whether we were pulling app information from peer institutions and VP Mull indicated that they were, which included a peer institution's app she shared during her

opening remarks. Chair Brown stated that he met with peers about vendors used and they said they were very imperfect. He commented we already have the structure and should look at revamping.

Chair Brown said our action item to bring to the board is to permanently fund the CART team. Trustee Anita Zucker wanted to know how much funding would be needed. VP Mull indicated that \$1M was needed for the CART model as is and to add 6 case managers, the cost would be \$1.56M. Trustee Brandon asked how we fund it. Senior Vice President Chris Cowen indicated that the student health fee has not increased in several years and that his office would be providing funding for the upcoming year to bridge the financial. Trustee Brandon asked what the Board of Governors' stance is on funding. Vice President Mark Kaplan indicated that they are supportive of increasing funding but not fees. Trustee Cole indicated that it has been the BOG's position to keep universities as cheap as possible for students to attend.

Trustee Cole addressed the use of the wording "Students in Distress" in the GatorSafe app and asked whether softer terminology could be used since all students may not be in distress.

Chair Brown stated that a better job needed to be done to get the GatorSafe app out there and letting students know about it. VP Mull indicated there were only 3,000 downloads of the app last year. They are in the process of redoing preview orientation to make students more aware of the app. She stated that it was housed with UPPD.

Vice President Elias Eldayrie indicated that the GatorSafe app was originally launched for a different purpose. It may be possible to revamp and augment to add wellness. His team will need to rethink design and how to secure private data. Before anything can happen there needs to be a clear scope of what is needed in the app. Trustee Brandon stated there needed to be a conversation with our peers and students to address what they want to see in the app. Chair Brown stated that we need to come up with a plan on how to roll it out.

Chair Brown stated that there were 2 options: 1. Create a new App; 2. Rebranding of GatorSafe app. The App needs to be user friendly.

Trustee Brandon indicated it needed to address mental health as well as physical health. VP Eldayrie said they would need to look at moving the HIPAA data around.

### **3.2 External Review Documents**

VP Mull went through the external review that was completed for the Counseling and Wellness Center. Some of the recommendations have already been put into motion and action. She indicated that in a national survey, 85% of vice presidents for student affairs noted that student mental health and wellness is a top priority for them as executive leaders, which VP Mull echoed.

### **3.3 Review Action Plan**

Chair Brown stated the action plan currently focuses on permanent funding for CART, an app, and communication of resources to students. Chair Brown requested that the committee provide feedback on what they think should be in the app for the students and send this month. VP Eldayrie suggested it also be shared with the rest of the Board for feedback. The feedback will be discussed

at the next meeting.

Trustee Cole stated that the SUS needs to give more resources to the universities. Chair Brown indicated that this was a chance for UF to be a leader in the state. Trustee Zucker stated that we should create something that has usefulness for other state universities. SVP Chris Cowen indicated that he had had a recent conversation with President Fuchs regarding substance abuse and stated it should be one of the components of the app. VP Mull noted that the Student Life GatorWell department had just hired a new staff member who will focus on educating students about the impact of alcohol and other drugs regarding wellness.

Chair Brown indicated we will discuss funding of the subcommittee's request at the March meeting.

#### **4.0 New Business**

There was no new business to come before the committee.

#### **5.0 Adjourn**

There being no further discussion, the meeting was adjourned at 2:59 p.m.